**INtegRIty Counseling, Inc.** provides affordable counseling, education, and outreach services for children, adults, and families. Our services are available to all, focusing on the needs of the at-risk and marginalized. We help individuals examine past and present choices and choose healthy alternatives. INtegRIty Counseling supports and mentors clients as they develop the ability to live more successfully.

**INtegRIty Counseling** serves all members of the community regardless of race, gender, belief, or orientation. Our services are shaped by our belief in and reliance on God’s compassion for all of humanity.

**About INtegRIty**

* 501(c)(3) Non-profit started in 2014 to meet the need in at-risk populations
* Founded by Luella Mahannah, MS, LCPC and Don Mahannah
* We are a “Pay as you can” agency
  + Serving the uninsured and underinsured
  + No financial barriers to receive help
  + We do not take insurance
* We have served over 850 clients and completed over 10,000 appointments.
* Our 20+ providers are…
  + Counselors and social workers with experience
  + Counseling interns
  + Family Education Specialist
  + English, Spanish, and Translator facilitated
* We use video and phone counseling as well as in person counseling
* Counselors use evidenced-based methods
* INtegRIty can be an opportunity for internships, professional development, and a path to licensure

**How do I get started as a client with INtegRIty?**

We serve minors, adults, couples, and families.

We schedule intake appointments for first time and returning adults. In this initial session, we will work to understand your counseling needs and your personal situation as well as your availability to schedule appointments. Minors, couples, and family clients speak with the director prior to being scheduled.

We will then match your needs with one of our counselors and contact you to schedule your first appointment. This typically happens within a few weeks depending on the length of our waiting lists.

*Call us at (309)827-9100 to start the process.*

At the first appointment, your counselor will gather information and listen to your story to begin the process of working together…

**Points to Remember**

* The need for mental health services is great. We regularly get referrals that have nowhere else to go. Helping an individual can also make a difference for the people in their lives.
* INtegRIty works because of the effort and input of our volunteers. Even a few hours a week can help our effort.
* Current needs include:
  + Front Desk/Reception
  + Counselors – English and Spanish speaking
  + Translation volunteers
* We welcome financial donations. They can be made by mail, on our website, or Facebook. Please consider submitting for a matching gift from you company.
* Sign up on Amazon Smile to have Amazon donate 0.5% of your purchases to INtegRIty!
* Call us at (309)827-9100 or see us at [www.integrityhelps.org](http://www.integrityhelps.org) for current information.